

Mitchell County Comprehensive Community Resource Guide



Children Services

Agency Name: Roan View Child Development Center

Description: Basic child care, age appropriate activities, speech and physical therapy when needed. Financial assistance may be provided for qualifying families by Mitchell County Head Start, More at Four program, or DSS.

Address: 301 Longview Drive/ Bakersville, NC 28705

Phone: (828) 688-2403

Agency: Blue Ridge Healthy Families

Description: Provides a home-visiting program to strengthen families and communities, increase protective factors, and promote healthy childhood outcomes.

Main: 828-682-5091

Website: www.myhealthyfamilies.org

Address 7 South Main St., Suite 2A, Burnsville, Yancey

Agency Name: Intermountain Children's Place

Description: Provides an extensive preschool program to children who qualify for Head Start or the More at Four Program.

Address: 6342 Hwy 226 South/ Bakersville, NC 28705

Phone: (828) 765-6712

Program: Early Head Start

Description: A preschool education program to help children prepare for school success. Offers health and mental health services. Also offers parenting education, nutrition education, and services for children with disabilities.

Main: 828-688-2190

Address 4929 Highway 226 South, Bakersville, Mitchell

Agency: Blue Ridge Partnership for Children

Program: Blue Ridge Partnership for Children (Not a direct resource, but holds events and fundraisers for youth)

Description: Resource Lending Library: Open to the public. Has books on topics such as parenting, home-schooling, educational, games and learning materials that the community can check out for free. Child Care Referrals for infant to school-aged children. Also Provides Technical Assistance child care providers as well as training and workshops. Play and Learn Groups: Free weekly series of adult-child groups designed to help child develop pre-literacy and social skills. YAY (Yancey Alliance for Young Children): Works in partnership with community agencies and individuals to ensure availability and affordability of health, education, parent support services that prepare children for school and future life success. Also hosts annual events including ChildFest and a Pregnancy and Infant Loss Memorial.

Main: 828-682-0047

Website: www.BlueRidgeChildren.org

Address 392 East Main Street, Burnsville, Yancey

Intermountain Children's Services-

Description: Head Start is a Federal program that promotes the school readiness of children from birth to age five from low-income families by enhancing their cognitive, social, and emotional development. Head Start programs provide a learning environment that supports children's growth in many areas such as language, literacy, and social and emotional development. Head Start emphasizes the role of parents as their child's first and most important teacher. These programs help build relationships with families that support family well-being and many other important areas. Many Head Start programs also provide Early Head Start, which serves infants, toddlers, and pregnant women and their families who have incomes below the Federal poverty level.

Main: (828) 688-2190

Address: 4929 NC-226, Bakersville, NC 28705

School

Agency: Mayland Community College (Main Campus)

Description: Offers curriculum programs, including technical, vocational, and college transfer. Also offers ESL classes and GED Instruction.

Address 200 Mayland Drive, Spruce Pine, Mitchell

Main: 828-765-7351

Agency: School District – Mitchell County

Program: Homeless Liaison

Description: Offers services for homeless youth and their families. Helps students enroll or stay in school. Connects families to community resources for health, transportation, food, and more.

Main: 828-766-3358

Website: <https://sites.google.com/mhslive.net/mitchellcountyschools-homeless>

Address 72 Ledger School Road, Bakersville, Mitchell

Program Public Schools

Description: Offers public and special education program. Also handles reports of bullying. Visit website to find contact information for each school: <http://www.mcsnc.org/>

Main: (828) 688-4432

Website: <http://www.mcsnc.org/>

Clothing

Agency Name: Shops of Safe Place

Description: Thrift store to benefit victims of domestic violence. Items include (all in very good condition) clothing, shoes, furniture (arm chairs, sofas and tables) utensils, toys and cribs, small appliances, bedding, luggage, vintage clothing/costumes and other items. Clothing (and furniture, appliances, cribs, etc.) assistance is also available for those in need.

Address: 11955 South Hwy 226/Spruce Pine, NC 28777

Phone: (828) 765-7115

Website: <http://safeplacethriftstores.blogspot.com/>

Agency Name: Touch of Class

Description: Women's thrift store to benefit victims of domestic violence. Blouses, pants and jeans, dresses, coats, shoes, handbags and jewelry (all in "like new" condition). Clothing assistance is also available for those in extreme need.

Address: 278 Oak Ave/ Spruce Pine, NC 28777

Phone: (828) 765-2704

Website: <http://safeplacethriftstores.blogspot.com/>

Employment/Education/Training

Agency Name: Mayland Community College – Basic Skills Program

Description: Assistance with basic skills such as reading and math, assistance attaining GED, college preparation, assistance with college placement exams, English as a Second Language (ESL) classes and compensatory education for individuals with mental, emotional, or physical disabilities. Students 16-18 years old may participate with permission.

Address: 200 Mayland Drive/ Spruce Pine, NC 28777

Phone: (828)765-7351

Contact Person: Steve Gunter (ext. 208) / Keely Fawcett (ext. 291) (for underage students)

Website: www.mayland.edu

Agency Name: Mayland Community College –Human Resource Development

Description: The Human Resources Development (HRD) Program is designed to provide employment skills training to unemployed and underemployed adults. Tuition and fees for HRD classes are waived if the student is unemployed, has received notice of a layoff, or meets our income guidelines

Address: 200 Mayland Drive/ Spruce Pine, NC 28777

Phone: (828)765-7351 ext. 249

Website: www.mayland.edu

Agency Name: Mitchell County JobLink Career Center

Description: Job listings and referrals, unemployment insurance, and labor market information, information on careers, job development, vocational rehabilitation services, and training services.

Address: 127 Crimson Laurel Way, Bakersville, NC 28705

Phone: (828) 537-1658

Email: esc.jobs.sprucepine@nccommerce.com

Website: www.ncworks.gov

Agency: MAY Coalition

Description: Creates employment opportunities for unemployed and underemployed residents by providing small businesses and low-interest loans.

Address 167 Locust Avenue, Spruce Pine, Mitchell

Main: 828-765-8880

Agency: NCWorks Career Center

Description: Helps people find work, gain job skills, and prepare for interviews. Offers career guidance, job placement, and job training. Offers help with job searches and resumes. Also offers information on job networking and salaries. May offers special programs for veterans, former offenders, young adults, and farmers. Offers information about unemployment benefits. Does not take applications.

Main: 828-766-1195

Website: www.nccommerce.com/jobs-training/resources-job-seekers

Address 200 Mayland Drive, Spruce Pine, Mitchell

Food

Agency Name: Shepherd's Staff Secondhand Store and Food Pantry

Description: Works with The Emergency Food Assistance Program for the elderly through MANNA food Bank in Asheville, also provides food boxes for low income families.

Address: 125 Locust Street/ Spruce Pine/ NC 28777

Phone: (828)765-5385

Agency Name: Mitchell County WIC Program/ Mitchell County Health Department

Description: Provides nutritional supplement program for women, infants, and children who at or below 185% of federal poverty level.

Address: 130 Forest Service Drive, Suite A/ Bakersville, NC 28705

Phone: (828)688-4668

Agency Name: Ave Maria Ministries (Food Pantry)

Description: Food Pantry open weekly that offers non-perishable and fresh produce. Also offers per food and personal hygiene products.

Address: 695 Summit Avenue, Spruce Pine, Mitchell

Phone: 828-765-2224

Agency Name: Bakersville Baptist Church (Food Pantry)

Description: Food pantry open once a month.

Address: 119 South Mitchell Avenue, Bakersville, Mitchell

Phone: 828-688-4817

Agency: Dig In! Community Garden

Program: Learn and Teach

Description: Work Together Days: Weekly from April - October, people of all skills work in the garden together to ask each other questions, observe, experiment and share insights and inspiration Volunteers needed to assist in the garden, help distribute the food grown and more.

Main: 828-536-0414

Website: <https://diginyancey.org/about/share/harvest-tables/>

Address 744 Blakenship Creek Road, Burnsville, Yancey

Agency Name: Grassy Creek Baptist Church (Food Pantry)

Description: Food pantry offering non-perishable food items.

Address: 793 Old Highway 226, Spruce Pine, Mitchell

Phone: 828-765-4620

Agency: United Methodist Church of Western North Carolina

Program: Mitchell Yancey UMC Food Pantry

Description: Food Pantry open every other Saturday.

Main: 828-688-2734

Website: www.facebook.com/myfoodpantry

Address 296 Griffith Road, Green Mountain, Yancey

Senior Services

Agency Name: Mitchell County Senior Center

Description: Offers a variety of programs and services specifically designed for older adults, including transportation to the Senior Center, exercise programs, educational classes, arts and crafts, and other activities. Congregate Meals: Nutritious meals are served daily for lunch. Also offers educational programs as part of a "Lunch and Learn" series. Topics include health, scam alerts, nutrition, safety, financial information, and more. Heat Relief: Provides free fans during the summer months for individuals 60 years of age or older and adults living with disabilities. Please call for availability and more information.

Phone: 828-688-3019

Website: <http://www.mitchellcounty.org/departments/seniorcenter.html>

Address 152 Ledger School Road, Bakersville, Mitchell

Agency Name: Carolina Home Care Specialists

Description: Personal care assistance, home management, assistance with monitoring of vital signs, finger stick blood sugar testing, medication and diet compliance, essential shopping and companionship.

Address: 125 Skyview Circle/Spruce Pine, NC 28777

Phone: (828) 765-4343

Agency Name: High Country Home Care

Description: Personal care service, home management, housekeeping and essential shopping.

Address: 496-A Balsam Avenue/ Spruce Pine, NC 28777

Phone: (828)766-9977

Agency: Hospice and Palliative Care of the Blue Ridge

Description: Provides Hospice and Palliative Care available to patients, their families, and those affected by death, dying and loss in our community. Also provides bereavement counseling and support groups for the community.

Address: 236 Hospital Drive, Spruce Pine, Mitchell

Main: 828-765-5677

Local/County Government

Agency Name: Mitchell County Department of Social Services

Description: Cash assistance for families, Medicaid, food stamps, NC Health Choice, protective services for adults and children, emergency assistance, and energy assistance.

Address: 347 Long View Drive/ Bakersville, NC 28705

Phone: (828) 688-2175

Website: www.ncdhhs.gov/dss

Agency Name: City of Bakersville

Description: Municipal Services, Boards

Address: 26 South Mitchell Avenue

Phone: (828) 688-2113

Website: www.bakersville.com

Agency Name: Town of Spruce Pine

Description: Municipal Services, Boards

Address: 138 Highland Avenue/ Spruce Pine, NC 28777

Phone: (828) 765-3000

Website: www.spruce-pine-nc.gov

Agency: Mitchell County Court System (Clerk of Court)

Description: Performs all clerical and record-keeping functions in the court. Also hears a variety of special cases and takes guilty pleas for minor offenses.

Address 328 Longview Drive, Bakersville, Mitchell

Main: 828-688-5100

Agency: Mitchell County Court System (Magistrate's Office)

Description: Judicial officer of the District Court. Issues warrants and sets bail. Accepts guilty pleas for minor misdemeanors and hears small claims cases. Also issues mental commitments and performs marriage ceremonies

Address 328 Longview Drive, Bakersville, Mitchell

Main: 828-520-1500

Agency: Mitchell County Board of Elections

Description: The Board of Elections is responsible for conducting all elections including federal, state, and county as well as municipal and special referenda. For Early Voting and Polling sites.

Address 11 North Mitchell Avenue, Bakersville, Mitchell

Phone: 828-688-3101

Agency: Mitchell County Building Code and Inspections Department

Description: Commercial, residential and industrial building permits for new construction, additions to existing buildings and renovation work, permits for single and double-wide mobile homes and modular homes.

Address 130 Forrest Service Drive, Bakersville, Mitchell

Main: 828-688-4771

Agency: Mitchell County Emergency Management

Description: Responsible for disaster planning and response, as well as day to day development and review of emergency plans for the county. The emergency management staff is available to assist private businesses, industry, and government agencies in the development and implementation of emergency plans.

Address 130 Forest Service Drive, Bakersville, Mitchell

Main: 828-688-4771

Agency: Mitchell County Hyper-Reach

Description: Gives warnings and notifications about local emergencies, hazards, and threats to county residents. Hyper-Reach uses telephone calls, text messages, email, and TTY/TDD services to send these alerts. In order to receive the messages, residents have to sign up for the service, which is free to anyone who enrolls. A computer or smart phone to receive the alerts is not needed. The service can contact landline telephones with these announcements.

Phone: 828-688-5988

Address 130 Forest Service Drive, Bakersville, Mitchell

Agency: Mitchell County Register of Deeds

Description: Records land deeds, mortgages, deeds of trusts, military discharges, records of business incorporations, etc. Issues marriage licenses and provides birth and death certificates. Also helps the public in locating records and making certified copies

Address 26 Crimson Laurel Circle, Bakersville, Mitchell

Main: 828-688-2139

Agency Mitchell County Veterans Services Office

Description: The Veterans Services Office acts as a liaison between the U.S. Department of Veterans Affairs and those applicants submitting claims to the VA. The Veterans Service Officer offers on-site counseling and assistance to Mitchell County veterans and their dependents in obtaining benefits from the U.S. Department of Veterans Affairs and the state of North Carolina to which they may be entitled.

Main: 828-688-2200

Address 130 Forest Service Drive, Bakersville, Mitchell

Medical Care

Agency Name: Mitchell County Health Department

Description: Services provided in the following areas: Adult health, breast and cervical cancer control program, child services, CC4C, /CMARC, communicable diseases, environmental health, health promotion, primary care, sick visits, immunization services, laboratory services, lactation support, CDL Physicals, drug testing, OBCM, CC4C, STD care and prevention services, TB control, vital records, WIC, and women's preventive health.

Address: 130 Forest Service Drive Suite A/ Bakersville, NC 28705

Phone: (828) 688-2371

Website: <http://www.toeriverhealth.org/>

Agency Name: Blue Ridge Regional Hospital

Description: Full service medical care with 46 licensed beds, 12 emergency rooms, diagnostic labs, surgery, obstetrics, fitness and rehabilitation, imaging, infusion, heart services, mammography, social services and women's services, and a heliport.

Address: 125 Hospital Drive, Spruce Pine, NC 28777

Phone: (828) 765-4201 or (877) 777-8230

Website: www.blueridgehospital.org

Agency Name: Blue Ridge Medical Center – Mayland Campus

Description: Routine physicals, wellness care, sports physicals, infant care, immunizations, and treatment of illnesses and minor injuries, allergies, developmental assessments, gynecological services, heart and lung conditions, nutrition and exercise for weight management, preventive screenings, chronic health conditions. New patients welcome, no referral needed.

Address: 7968 HWY 19E, Spruce Pine, NC 28777

Phone: (828) 765-5672

Website: www.spchospital.org/Hospital_BRMC_Mayland.htm

Agency Name: Blue Ridge Medical Center – Spruce Pine Campus

Description: Regular examinations, preventive screening, education about illnesses, counseling for nutrition and exercise, immunizations, gynecological care, management of ongoing health concerns, transitional care to long-term facilities, pain, shortness of breath, skin disorders, heart disease, stroke, lung disorders, COPD, urinary tract and kidney problems, reproductive health concerns including menopause, arthritis, high blood pressure, high cholesterol, diabetes, osteoporosis, chronic health conditions. New patients welcome, no referral needed.

Address: 496 Altapass Rd., Spruce Pine, NC 28777

Phone: (828)765-0170

Website: http://www.spchospital.org/Hospital_BRMC_Spruce.htm

Agency: Mitchell County SafePlace (Crisis Services)

Description: Provides emergency shelter for victims of sexual assault and domestic abuse. Aimed to meet the immediate needs of residents, including food, clothing, transportation, and more. Also operates a crisis line for those experiencing domestic violence or sexual assault. Offers a Transition House to provide transitional housing and support for families leaving domestic violence relationships.

Main: 828-765-4015

Address Confidential, Spruce Pine, Mitchell

Agency: Blue Ridge Healthy Families

Description: Provides a home-visiting program to strengthen families and communities, increase protective factors, and promote healthy childhood outcomes.

Main: 828-682-5091

Website: www.myhealthyfamilies.org

Address 7 South Main St., Suite 2A, Burnsville, Yancey

Agency Name: Mountain Community Health Partnership

Description: Offers primary care for all ages. Also offers obstetric services. Diabetes self-management program. Offers health care to local and seasonal or migrant farm workers in the area. Offers primary care services, behavioral health counseling, chiropractic services and nutrition services.

Phone: 828-688-2104

Website: <http://mchp.care>

Address: 86 North Mitchell Avenue, Bakersville, Mitchell

Agency: Toe River Project Access

Description: Provides access to medical, vision, and limited dental care for low income, uninsured residents of Mitchell and Yancey Counties. Staff also work as trained Certified Application Counselors to help individuals understand how health reform affects them and enroll in health insurance through the NC Federally Facilitated Health Coverage Marketplace.

Main: 828-766-1850

Address 78 Broad Street, Spruce Pine, Mitchell

Mental Health

Agency Name: Western Highlands Network

Description: Metal Health services

Address: 205 Locust Avenue/ Spruce Pine, NC 28777

Phone: (828)765-9380

Agency Name: RHA Health Services

Description: Mental Health Services offered: Comprehensive Clinical Assessments, Outpatient Therapy, Psychiatric Evaluation/Medication Management, Targeted Care Management, Intensive In-Home, Substance Use Disorder Services offered: Youth and Adult Substance Abuse services including Assessment, Individual Therapy, Group Therapy, Family Therapy, Substance Abuse Intensive Outpatient Program (SIOP), and Prevention Programming.

Main: 828-765-0894

Website: www.rhahealthservices.org

Address 129 Skyview Circle, Spruce Pine, Mitchell

Miscellaneous (Other Services)

Agency: Partners Aligned Toward Health

Program: Mitchell Yancey Substance Abuse Task Force

Description: Mitchell Yancey Substance Abuse Task Force includes awareness, education, advocacy, and prevention. Programs include: Prescription Drop Boxes: Safely dispose of unused medication at a permanent drug drop boxes. Visit the website for locations. Prescription Lockboxes: Medication lock boxes to individuals,

physicians, senior centers, and churches. After School Programs: Youth to Youth program in middles schools, and Cougar Fit Club at Mountain Heritage High School.

Main: 828-682-7899

Website: www.pathwnc.org/programs/prevention/mysatf/

Address 202 Medical Campus Drive, Burnsville, Yancey

Program: Partners Aligned Toward Health

Description: Works to identify opportunities and implements programming to improve the health of children and families. Publishes a guide for Summer Resources: <http://pathwnc.org/resources/>

Main: 828-682-7899

Website: <http://pathwnc.org>

Address 202 Medical Campus Drive, Burnsville, Yancey

Agency Name: W.A.M.Y. Community Action, Inc.

Description: The Total Family Development Program is a comprehensive program of developmental and support services designed to assist families in their efforts to become self-sufficient. Services may include: assistance with education, job training, job searches, clothing, transportation, child care, school supplies, and other educational items.

Address: 29 Crystal Street/ Spruce Pine, NC 28777

Phone: (828)766-9150

Website: www.wamycommunityaction.org

Agency Name: Mitchell County Animal Rescue

Description: Offers animal rescue and shelter services for cats and dogs. Also offers adoptions, intake of stray and surrendered pets, lost and found, cruelty investigation and prosecution assistance, low-cost spay/neuter programs, free spay/neuter programs for low income families, low-cost rabies and vaccination clinics, pet food banks and community education if funding allows.

Address 2492 US Highway 19E South, Spruce Pine, Mitchell

Phone: 828-765-6952

Agency: NC Cooperative Extension

Description: Offers forestry management services and agricultural production information. Also offers family education programs, which consist of nutrition information workshops, and youth education programs including 4-H activities and clubs for children 9 - 19 years of age.

Main: 828-688-4811

Website: <http://mitchell.ces.ncsu.edu/>

Address 10 South Mitchell Avenue, Bakersville, Mitchell

Agency: US Department of Agriculture Rural Development - Mitchell Field Office

Program: Home Ownership

Description: Offers loans to help obtain home ownership.

Main: 828-765-0889 x4

Website: www.rurdev.usda.gov

Address 11943 South 226 Highway, Spruce Pine, Mitchell

Program: Home Repair

Description: Offers loans to repair, improve, or modernize homes. Also offers grants to help remove health and safety hazards in the home.

Main: 828-765-0889 x4

Website: www.rurdev.usda.gov

Address 11943 South 226 Highway, Spruce Pine, Mitchell

Rent/Utility/Housing

Agency Name: Cane Creek Village

Description: Assist clients with low-income housing. Cane Creek Village provides access to adult scholarships and learning technology, coordinate a youth recognition program and help clients enroll in a home ownership program and a wellness program.

Address: 101 Rhododendron Circle/ Bakersville, NC 28705

Phone: (828)688 -3744

Agency Name: W.A.M.Y Community Action

Description: It is the mission of WAMY Community Action to partner with communities and families to provide the disadvantaged the tools and support they need to become self-sufficient. One of the ways that individuals can become self-sufficient is by having a safe, warm and healthy place to live. To tackle this critical issue, WAMY Community Action, with grant support from the AMY Wellness Foundation, is establishing Community Housing Coalitions in Avery, Mitchell, and Yancey Counties. The aim is to bring together agencies, church, civic, and volunteer organizations to combine ideas and resources in order to improve the quality of housing for low-income populations and bridge the gaps in social service needs.

Address: 496 A Balsam Ave, Spruce Pine, NC 28777

Phone: (828) 766 -9150

Agency Name: Spruce Pine Housing Authority

Description: Spruce Pine Housing Authority provides safe, decent, affordable housing for low income persons and families.

Address: 11 Fairground Street/Spruce Pine, NC 28777

Phone: (828) 765-9182

Agency: Mitchell-Yancey Habitat for Humanity (Affordable Home Ownership & ReStore)

Description: Builds affordable homes in partnership with people currently living in inadequate housing. Qualified home buyers pay back an affordable mortgage over 30 years and those mortgage payments are cycled back into Habitat's building program. Thrift store for the general public featuring furniture, appliances, household items, and building supplies.

Main: 828-766-9000

Website: <http://www.mitchellyanceyhabitat.org/> Address 563 Oak Avenue, Spruce Pine, Mitchell

Address 563 Oak Avenue, Spruce Pine, Mitchell

Agency: Spruce Pine Housing Authority

Description: Provides income-based rental housing. Developments include Walnut Avenue Apartments, Mineral City Heights Apartments, Sunshine Hill Apartments, North Toe Apartments.

Main: 828-765-9182

Address 11 Fairground Street, Spruce Pine, Mitchell

Support Groups

Agency Name: AA Meetings – Ledger Baptist Church

Description: Support for individuals with problems associated with alcohol.

Address: 208 Church Road, Bakersville, NC

Phone: (828) 688-3184

Agency Name: A1-A-Non – Ledger Baptist Church

Description: provides support to anyone whose life is, or has been, affected by someone else's drinking.

Address: 208 Church Road/Bakersville, NC

Phone: (828) 688-3184

Transportation

Agency Name: Mitchell County Transportation

Description: Transportation in county and out of county to human service agencies, medical appointments, shopping, bill paying and work.

Address: 26 Crimson Laurel Circle Suite 1, Bakersville, NC 28705

Phone: (828) 688-4715

Contact Person: Shelia Grindstaff

Email: shelia.grindstaff@mitchellcounty.org

Website: www.mitchellcounty.org

Law Enforcement

Agency Name: Mitchell County Sheriff's Office

Address: 63 Crimson Laurel Circle #8, Bakersville NC, 28705

Phone: 828-688-2139 ext. 1636

Contact Person: Donald Street (Sheriff)

Agency: North Carolina Prisons - Western Region (Avery-Mitchell Correctional Institution)

Description: State correctional facility for men.

Main: 828-765-0229

Website: www.ncdps.gov/Adult-Corrections/Prisons/Prison-Facilities/AveryMitchell-Correctional-Institution

Address 600 Amity Park Road, Spruce Pine, Mitchell

Agency: Mountain View Correctional Institution

Description: State correctional facility for men.

Main: 828-766-2555

Website: www.ncdps.gov/Adult-Corrections/Prisons/Prison-Facilities/MountainView-Correctional-Center

Address 545 Amity Park Road, Spruce Pine, Mitchell