HNC 2030 Scorecard: Avery County (2021-2023)

The 2021 Avery County Community Health Assessment priorities are:

- **Mental Health**
- **Substance Abuse**
- **Food and Nutrition**

A key to navigating this scorecard:

CA	Community Health Assessment
R	Result – A condition of well-being for an entire population.
I	Indicator – A measure that helps quantify the achievement of a population result.
P	Program/ Strategy – A collection of actions that have a reasoned chance of improving results.
PM	Performance Measure – A measure of how well a program is working, the quality of a program or whether clients or customers of the program are better off.
SR	SOTCH Report – An annual report and update on the Community Health Improvement Plan.

The following resources were used/reviewed to complete this scorecard:

- WNC Healthy Impact
- WNC Healthy Impact Data Workbook
- NC DHHS County Health Data Book
- NC DHHS/ DPH CHA Data Tools
- Clear Impact Results-Based Accountability
- Healthy People 2030
- Healthy North Carolina 2030

Community Health Assessment Report

		Time Period	Current Actual Value	Current Trend	Baseline % Change
CA	HNC 2030 Scorecard: Avery County (2021-2023)				

Mental Health and Substance Abuse Priorities

		Time Period	Current Actual Value	Current Trend	Baseline % Change
R	All people are living happy, healthy lives because Avery County has the ability to respond, withstand, and recover from adversity.				
I FHLI-NC HNC2030	Incarceration Rate (Total) per 100,000 population aged 13 and older in North Carolina prisons	2021	167.0	1	-33%
I FHLI-NC HNC2030	Adverse Childhood Experiences (ACEs): Percent of children in NC (Total) with 2 or more ACEs	2021	14.5%	3	-39%

		Time Period	Current Actual Value	Current Trend	Baseline % Change
I FHLI-NC HNC2030	Unemployment (Total): Percent of population in NC aged 16 and older who are unemployed but seeking work	**2021**	**5.7%**	**1**	**-35%**
I	Severe Housing Problems	**2019**	**24%**	**1**	**0%**
I FHLI-NC HNC2030	Uninsured: % of North Carolina population under age 65 without health insurance (Total)	**2021**	**10.4%**	**2**	**-15%**
R	All people are living happy, healthy lives because Avery County has the ability to respond, withstand, and recover from adversity.	Time Period	Current Actual Value	Current Trend	Baseline % Change
I FHLI-NC HNC2030	Incarceration Rate (Total) per 100,000 population aged 13 and older in North Carolina prisons	**2021**	**167.0**	**1**	**-33%**
I FHLI-NC HNC2030	Adverse Childhood Experiences (ACEs): Percent of children in NC (Total) with 2 or more ACEs	**2021**	**14.5%**	**3**	**-39%**
I FHLI-NC HNC2030	Unemployment (Total): Percent of population in NC aged 16 and older who are unemployed but seeking work	**2021**	**5.7%**	**1**	**-35%**
I	Severe Housing Problems	**2019**	**24%**	**1**	**0%**
I FHLI-NC HNC2030	Uninsured: % of North Carolina population under age 65 without health insurance (Total)	**2021**	**10.4%**	**2**	**-15%**
P New	Freedom Life: Reentry Intensive Program (Mental Health and Substance Use)	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM	# Participants	—	—	—	—
P	Youth to Youth Group (Avery Youth Coalition) (Mental Health and Substance Use)	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM	# Community projects	**2023**	**1**	**0**	**0%**

Food and Nutrition Priority

		Time Period	Current Actual Value	Current Trend	Baseline % Change
R	All people in Avery County will obtain optimal health by developing good eating habits through having access to adequate nutrition, being more productive in daily life.	Time Period	Current Actual Value	Current Trend	Baseline % Change
I FHLI-NC HNC2030	Third Grade Reading Proficiency: Percent of children in NC (Total) who are proficient in reading at end of Third Grade	**2020**	**45.0%**	**1**	**-24%**
RM FHLI-NC HNC2030	County Health Ranking Map - Limited Access to Healthy Foods	Time Period	Current Actual Value	Current Trend	Baseline % Change
P	Food Distribution Center Friday Markets	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM	# Individuals Served	**2022**	**13,425**	**0**	**0%**
P New	Program to help Avery seniors stay in their homes	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM	# Participants	—	—	—	—
PM	# Volunteers	—	—	—	—
P	Healthy Opportunities Pilot	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM	# Participants	—	—	—	—
P	Avery Mentoring Program	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM	# Participants	—	—	—	—

State of the County Health Reports (SOTCHs)

		Time Period	Current Actual Value	Current Trend	Baseline % Change
SR	2022 State of the County Health Report	Time Period	Current Actual Value	Current Trend	Baseline % Change
SR	2023 State of the County Health Report	Time Period	Current Actual Value	Current Trend	Baseline % Change