



The 2021 Mitchell County Community Health Assessment priorities are:

- **Mental Health/ Substance Abuse/ Domestic Violence**
- **Access to Care/ Use of Services**
- **Chronic Disease/ Obesity/ Healthy Lifestyles**

A key to navigating this scorecard:

- CA** Community Health Assessment
- R** Result – A condition of well-being for an entire population.
- I** Indicator – A measure that helps quantify the achievement of a population result.
- P** Program/ Strategy – A collection of actions that have a reasoned chance of improving results.
- PM** Performance Measure – A measure of how well a program is working, the quality of a program or whether clients or customers of the program are better off.
- SR** SOTCH Report – An annual report and update on the Community Health Improvement Plan.

The following resources were used/reviewed to complete this scorecard:

- [WNC Healthy Impact](#)
- [WNC Healthy Impact Data Workbook](#)
- [NC DHHS County Health Data Book](#)
- [NC DHHS/ DPH CHA Data Tools](#)
- [Clear Impact Results-Based Accountability](#)
- [Healthy People 2030](#)
- [Healthy North Carolina 2030](#)

Community Health Assessment Report

CA	HNC 2030 Scorecard: Mitchell County (2021-2023)	Time Period	Current Actual Value	Current Trend	Baseline % Change
Mental Health/ Substance Abuse/ Domestic Violence					
R	All people have the resources accessible in Mitchell County that they need to live a healthy, happy, productive life.				
I	FHLI-NC HNC2030 Adverse Childhood Experiences (ACEs): Percent of children in NC (Total) with 2 or more ACEs	2021	14.5%	3	-39%
I	FHLI-NC HNC2030 Unemployment (Total): Percent of population in NC aged 16 and older who are unemployed but seeking work	2021	5.7%	1	-35%

I	FHLI-NC HNC2030	Uninsured: % of North Carolina population under age 65 without health insurance (Total)	2021	10.4%	2	-15%
P	New	Freedom Life	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM	How Much	# Participants	—	—	—	—
P	Restart	Appalachian Youth to Youth (PATH)	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM	How Much	# Participants	2023	14	0	0%
P	New	Media Campaign	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM		Placeholder for Performance Measure	—	—	—	—

Access to Care/ Use of Services

R		Mitchell County is a thriving, safe community, where everyone gets along, & has what they need to be healthy. Residents in Mitchell County have household stability and health care for all.	Time Period	Current Actual Value	Current Trend	Baseline % Change
I	FHLI-NC HNC2030	Uninsured: % of North Carolina population under age 65 without health insurance (Total)	2021	10.4%	2	-15%
I		Primary Care Clinicians: Increase the primary care workforce	2019	9	1	-12%
I	FHLI-NC HNC2030	Life Expectancy (Total) in North Carolina: Average number of years of life remaining for people who have attained a given age.	2021	75.1	2	-4%
P	New	Comprehensive Community Media Campaign	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM		Placeholder for Performance Measure	—	—	—	—
P	New	Leadership Conference for Mitchell County Resources	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM		Placeholder for Performance Measure	—	—	—	—
P	New	Utilization of 211 Resources	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM		# Entries for Mitchell County	—	—	—	—

Chronic Disease/ Obesity/ Healthy Lifestyles

R		All people in Mitchell County live in a community that supports access to affordable, nutritious foods and physical activity opportunities.	Time Period	Current Actual Value	Current Trend	Baseline % Change
I	FHLI-NC HNC2030	Third Grade Reading Proficiency: Percent of children in NC (Total) who are proficient in reading at end of Third Grade	2020	45.0%	1	-24%
RM	FHLI-NC HNC2030	County Health Ranking Map - Limited Access to Healthy Foods	Time Period	Current Actual Value	Current Trend	Baseline % Change
P	New	New recreation center in Bakersville	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM		% Funding Secured	—	—	—	—
P	New	New YMCA in Spruce Pine	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM		% Funding Secured	—	—	—	—
P	New	Physical Activity Campaign	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM		# Participants	—	—	—	—
P	New	MANNA Backpack Programs	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM		# Backpacks Given Out	—	—	—	—

PM # Pounds of Food	-	-	-	-
P Walk with Ease Program	Time Period	Current Actual Value	Current Trend	Baseline % Change
PM # Participants	2022	50	0	0%
State of the County Health Reports (SOTCHs)				
SR 2022 State of the County Health Report	Time Period	Current Actual Value	Current Trend	Baseline % Change
SR 2023 State of the County Health Report	Time Period	Current Actual Value	Current Trend	Baseline % Change